

# Nationwide Employee Counselling Service

## Pay-as-You-go Service as and when you need it

---

### How Can a Counselling Service Help Your Employees?

Counselling is now commonly used in organisations to help lower absenteeism levels. In order for this service to be effective, it must address personal, as well as workplace issues. Organisations who have implemented employee counselling services have reaped the benefits of higher motivation and morale, better stress management and a reduced likelihood of legal claims for negligence.



### Nationwide Pay-as-You-go Employee Counselling Service

The **CSG** network counsellors are members of, or accredited to, the British Association for Counselling and Psychotherapy. Alternatively, they may be registered to practice with the British Psychological Society or have training and experience consistent with the registration or accreditation of these or similar professional bodies and abide by their Code of Ethics, Standards and Practice.



### Carole Spiers Group

#### Training, Employee Counselling and Consultancy at the Service of Top Corporations

Established in 1987, the Carole Spiers Group (**CSG**) has established a valuable niche in the field of stress management, working with equal success in the contrasting cultures of the UK and Dubai, bringing proven benefits to a long roll call of prestige clients such as Abbey, Abu Dhabi Marine Operating Company, AXA, Debenhams, Dubai Cables, House of Fraser, IBM, Panasonic, Sainsbury's, Walt Disney and many more.

CSG is regularly called upon for professional comment by the media.



# Post-Trauma Support and Management

---



Whether it's a security alert, violent robbery, terrorist attack or natural disaster, your reactions will be under public view.

We pride ourselves on the rapid response of our 'Critical Incident' support team. Following any crisis, trauma or disaster, our nationwide trauma team is available, to offer you Psychological First-Aid support.

## CSG Trauma Support Service Offers:

- Professionally trained personnel
- Rapid response within 24-hours
- Both short and long term Post-trauma counselling support, as necessary



We will assess the type of emergency support required both during and post incident and will assist the client's own emergency response team, where appropriate.



## Psychological First-Aid support is beneficial for victims, survivors, eyewitnesses and the bereaved in case of:

- Accidents
- Civil disturbance
- Shootings
- Domestic violence
- Armed raids
- Acts of terrorism
- Suicide in the workplace

## Procedure

**CSG** works together with, and alongside, an organisation's Occupational Health department and maintains strict confidentiality, at all times. Alternatively, a designated individual from the organisation will be required to act as 'gatekeeper' for the service.

