



Coaching Your Senior Management to Become Inspirational Business Leaders

with the specialist expertise of Carole Spiers, CEO of her own business group, with 20 years experience of drawing-out hidden executive talent and ensuring retention of top teams in a performance-driven culture. UK expertise - available here in the Gulf

Carole Spiers, World Leading Authority On Corporate Stress - now regularly servicing UAE business in person, with Customised Coaching, Mediation, Counselling & Training Services.

From the High Performance Coach Who Gets Results...

Reading a situation

- Realistic goal-setting
- Creative problem-solving
- Informed decision making

Reading People

- Effective team building
- Communication skills
- Inspired leadership

...Profit from these advantages now!

“ I coach business leaders worldwide. Now let me work individually with your top executives and empower them to recognise their potential, be bold and step beyond their self-imposed boundaries and comfort zones. I'll help them overcome personal challenges by offering the right blend of personal support and self-insight to discover their full potential and help them achieve, exploit and maintain it. ”

Carole Spiers, World Leading Authority on Corporate Stress



Carole Spiers Group

International Stress Management & Employee Wellbeing Consultancy

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please see overleaf >>>

Delivering Sustainable Success Through Top-team Coaching by Carole Spiers



Best for the Organisation...

Surest way to improve motivation, retain top talent and increase morale

Leading to win - Effectiveness within teams, and between teams

Galvanising group performance by upgrading skills and heightening confidence and leadership qualities of individual members for more effective interactions.

Growth and Competitiveness - Asserting core values, driving change

Promoting corporate values by coaching key executives in the appropriate culture, and using this method to facilitate new structures or leadership styles.

Best for the Individual...

Heavyweight coaching talent to equip you to get to the top - and stay there

Identifying challenges, overcoming barriers

Addressing the factors have been holding you back, including self-imposed boundaries. Possibly the first in-depth capability analysis of your career.

Focusing ambition, achieving targets

Individualised support for your own self-development, relationship and performance skills, brought to fulfilment through continuing mentoring.

Whichever Delivery Suits You Best

Face to face

Focused coaching programme - intensive or year-round

By phone

Same in-depth dialogue - conveniently accessed by appointment

By email

Efficient downloadable coaching dialogue to action at your leisure

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