



High-Performance Executive Coaching & Mentoring Programme

by Carole Spiers

The Moment for Mentoring...

That certain point in the career of a C-Suite manager when they can benefit from the vision of a suitably qualified outsider.

As you'll see from our website, Carole Spiers is an experienced CEO herself, as well as a counsellor, consultant and motivational speaker.

Contact Carole now to help negotiate the road ahead.

2-Way Dialogue that Diagnoses the Problems and Signposts the Opportunities

What you'll tell Carole...

Everything that you feel is preventing your career from attaining its full potential. Your strengths, which may have been under-recognised. Your blind spots, as you see them. Personal relations with colleagues. The outlook for your particular industry. Private issues, perhaps involving your home or your health. All discussed in total confidence.

What she'll tell you...

A frank feedback of her reactions to your own report. And an expert overview of your problems and possibilities. Assessing your character and judgment. Observing body-language and other psychological signals. And encouraging revelations that may have been withheld up to now. You'll see why you needed that sounding board.

The hard skills you can acquire by systematic instruction

Take public speaking. You may simply feel nervous getting up on a platform. Or you may keep forgetting your words. Equally, a short test may reveal issues like nervous fidgeting or too much repetition of "OK", that you didn't know you had. Either way, your 1-to-1 sessions with Carole can quickly iron- out obstacles to becoming a convincing speaker who gets results.

Time management is another important theme in business. People are always complaining that there aren't enough hours in the day. But they may not know that Time Management is a key executive capability that has been analysed in detail, and can be taught systematically.

These and many other hard skills can be acquired to good effect - if you only realise that you need them!

The soft skills that can also determine your future career

Of course, there are many aspects of your performance that cannot be addressed by acquiring formal executive skills.

Leadership qualities, decision-making capacity, creative problem-solving, stress management... these require personalised analysis and development. You may be able to itemise the issues that are keeping you from your career goals. Or Carole may be able to identify them with the benefit of her outside view. A healthy, resilient lifestyle will have more to do with it than you think. Also your attitude to change in a world where no-change is no option.

With these issues, there really is no alternative to the close analysis afforded by 1-to-1 consultation with an expert of Carole's calibre.

The Carole Spiers dimension

With more than 20 years of being CEO of her own business group, Carole will act as a trusted advisor, supportive listener and confidant who will help you how to work towards goals that are both immediate and long-range, including goals that stretch well into the future. Through insight, advice, constructive feedback, she will show you how to exploit your talents to ensure that your performance always succeeds in maintaining your competitive edge.

Through her results-driven approach, the ultimate outcomes are increased performance and improved accountability, leading to sustained organisational growth and success.

Your Investment

Getting-to-Know-You Consultation Day

A one-day, face-to-face, intensive coaching / training session that focuses on:

- Assessment of needs and personal competencies
- Individual aims and objectives – to be identified and discussed
- Addressing any factors that may be obstacles to progress
- Identifying the framework and tools needed in order to grow you professionally onto the next stage on the ladder

To be arranged at a mutually convenient London venue - £1,500 + VAT

Your Executive Mentoring for Performance Package - face-to-face or via Skype

This day's session can then be followed up by:

Elite Mentoring Package

Comprising either a 6-month executive course with fortnightly 1-hour sessions or a 3-month intensive course with weekly 1-hour sessions - both suitable for those who wish to receive on-going mentoring support. £3,000 [£250 per hour]

...or other convenient options

Pay-as-you-go Executive Mentoring: £350 per hour

Consultancy or research work: £250 per hour

Consultancy or research work: £1,500 per day

Fees are exclusive of travel [if outside London] and VAT.

Your Next Step

Contact Carole for a free Discovery session so that you can find out how her Mentoring for Performance programme will help you grow personally and professionally.

We look forward to hearing from you. info@carolespiersgroup.co.uk

Places are limited, so book now. + 44 (0) 20 8954 1593.

Carole does her best to guarantee availability where possible.